

## PRINCETON LIFESTYLE MEDICINE CONCIERGE PROGRAM BENEFITS

For an annual fee of \$1500.00, our program offers many conveniences and concierge services that we are able to provide by limiting the size of our panel of patients. These non-covered, non-medical services include:

1. **On time, unhurried appointments** throughout the year.
2. **Added time** to all non-urgent follow-up office visits and to your yearly preventive medicine physical exam.
3. **Physician Phone Hours:** 7:30-9 am and 5-6 pm Monday-Friday when you can call and speak directly to your doctor directly on her cell phone.
4. A **private phone line** connecting you directly to our Lifestyle Medicine staff so that your calls will be answered promptly and efficiently throughout the day.
5. **E-mailing** directly with your doctor for non-urgent issues.
6. **E-mailing** directly with our staff for non-urgent issues.
7. **Hospital social visits** at The University of Princeton Medical Center during the week if you are admitted to the hospital for an extended stay. This will allow us to stay better connected with you and your doctors during your hospitalization.
8. **Optional Lifestyle Medicine consulting** to customize your own Lifestyle Medicine program. Ongoing lifestyle coaching will be provided at your follow-up office visits and via email if desired.
9. **In-office laboratory testing** for your convenience.
10. A higher level of collaboration on your behalf with specialists and other caregivers.
11. Weekly drop- in visits for Blood Pressure or weight checks (if applicable).

## FREQUENTLY ASKED QUESTIONS

### PRINCETON LIFESTYLE MEDICINE CONCIERGE PROGRAM

**1. Does my doctor still take my insurance?**

Yes. We are currently still contracted with Medicare and many other insurance companies. We will bill your insurance as usual for your covered medical care. You will also, as before, be responsible for your deductible and copays.

**2. Is this program covered by insurance?**

No. The fee for this program is for non-covered, non-medical services only (eg. 1 hour lifestyle medicine consultation, extended office visit times, emailing with your doctor, private phone line, hospital social visits and more).

**3. Why should I pay for this when I already pay for health insurance?**

The current healthcare model is unsustainable and does not allow for unhurried appointments and a more personal partnership with your doctor. This can only be done with a concierge style practice.

**4. Can I make installment payments for the Lifestyle Medicine Program?**

Yes. Several payments plans are available including a monthly payment plan which can be arranged at our office. We accept check or credit card for payments.

**5. Is the fee tax-deductible? May I use my Health Savings Account for the fees?**

We recommend that you discuss this with your tax advisor or the administrator of your HSA.