

## PRINCETON LIFESTYLE MEDICINE CONCIERGE PROGRAM BENEFITS

For an annual fee of \$1200.00, our program offers many conveniences and concierge services. These non-covered, non-medical services include:

1. **On time, unhurried appointments** throughout the year for your urgent office visits, non-urgent follow-up office visits and for your yearly preventive medicine physical exam.
2. **Added time** throughout the year to each non-urgent follow-up office visit for Lifestyle coaching.
3. **Physician Phone Hours:** 7-9 am and 5-6 pm Monday-Friday when you can call in and speak directly to your doctor directly on her cell phone.
4. A **private phone line** connecting you directly to our Lifestyle Medicine staff so that your calls will be answered promptly and efficiently throughout the day.
5. **E-mailing** directly with your doctor for non-urgent issues.
6. **Hospital social visits** at The University of Princeton Medical Center during the week if you are admitted to the hospital for an extended stay. This will allow us to stay better connected with you and your doctors during your hospitalization.
7. **1.0 hour optional yearly Lifestyle Medicine consultation-** to customize your own Lifestyle Medicine program for which you will be receiving on going lifestyle coaching throughout the year.
8. **In-office laboratory testing** for your convenience.
9. Close collaboration with specialists and other caregivers on your behalf.
10. Weekly drop- in visits for Blood Pressure or weight checks (if applicable).
11. Optional written summary of your annual wellness exam and/or Lifestyle wellness plan.

## FREQUENTLY ASKED QUESTIONS

### PRINCETON LIFESTYLE MEDICINE CONCIERGE PROGRAM

**1. Does my doctor still take my insurance?**

Yes. We are currently still contracted with Medicare and many other insurance companies. We will bill your insurance as usual for your covered medical care. You will also, as before, be responsible for your deductible and copays.

**2. Is this program covered by insurance?**

No. The fee for this program is for non-covered, non-medical services only (eg. 1 hour lifestyle medicine consultation, extended office visit times, emailing with your doctor, private phone line, hospital social visits and more).

**3. Why should I pay for this when I already pay for health insurance?**

The current healthcare model is unsustainable and does not allow for unhurried appointments and a more personal partnership with your doctor. This can only be done with a concierge style practice.

**4. Can I make installment payments for the Lifestyle Medicine Program?**

Yes. Several payments plans are available including a monthly payment plan which can be arranged at our office. We accept check or credit card for payments.

**5. Is the fee tax-deductible? May I use my Health Savings Account for the fees?**

We recommend that you discuss this with your tax advisor or the administrator of your HSA.